

TEEN 13-16 YEARS RECREATIONAL TIMETABLE 2026

MONDAY

6.30-7.20 Pre-Teen & Teen Musical Theatre

TUESDAY

4.00-4.50 Teen Lyrical/Contemporary

4.50-5.40 Teen Hip Hop

5.40-6.30 Teen Jazz

6.30-7.20 Pre-Teen & Teen Beg/Int Technique

THURSDAY

7.20-8.10 15/u Ballet Technique

8.10-9.00 Teen Acrobatics

FRIDAY

6.30-7.20 Extension Acrobatics (1) (Invite Only)

7.20-8.10 Extension Acrobatics (2) (Invite Only)

13 + YEARS OLD ON JAN 1ST, 2026

RECREATIONAL STREAM - NO COMPETITIVE EVENTS



LAUNCH

TEEN 15/U PERFORMANCE TIMETABLE 2026

MONDAY

8.10-9.00 Vocational Pointe

TUESDAY

4.00-4.50 15/u Performance Hip Hop

4.50-5.40 Senior Performance Tap

5.40-6.30 Senior Performance Singing

6.30-7.20 Senior Performance Musical Theatre/Broadway Jazz

7.20-8.10 Senior Performance Hip Hop

8.10-9.15 Open Commercial Jazz

WEDNESDAY

4.50-5.40 Advanced Acrobatics

THURSDAY

4.00-4.50 15/u Technique - Conditioning

4.50-5.40 15/u Technique - Progressions

5.40-6.30 15/u Performance Jazz

6.30-7.20 15/u Performance Lyrical/Contemporary

7.20-8.10 15/u Ballet Technique

8.10-9.00 Teen Acrobatics

FRIDAY

6.30-7.20 Extension Acrobatics (1) (Invite Only)

7.20-8.10 Extension Acrobatics (2) (Invite Only)

