

PRE TEEN 11 & 12 YEARS RECREATIONAL TIMETABLE 2026

MONDAY

- 4.00-4.50 Pre Teen Lyrical/Contemporary
- 4.50-5.40 Pre-Teen Jazz
- 5.40-6.30 Pre-Teen Hip Hop
- 6.30-7.20 Pre-Teen & Teen Musical Theatre

TUESDAY

- 6.30-7.20 Pre-Teen & Teen Beg/Int Technique

WEDNESDAY

- 4.50-5.40 12/u Ballet

THURSDAY

- 4.50-5.40 Pre-Teen Acrobatics

FRIDAY

- 6.30-7.20 Extension Acrobatics (1) (Invite only)
- 7.20-8.10 Extension Acrobatics (2) (Invite only)

11-12 YEARS OLD ON JAN 1ST, 2026

RECREATIONAL STREAM - NO COMPETITIVE EVENTS



LAUNCH

PRE-TEEN 12/U PERFORMANCE TIMETABLE 2026

MONDAY

- 6.30-8.10 Intermediate Foundation RAD Exam Ballet
8.10-9.00 Vocational Pointe

TUESDAY

- 4.00-4.50 12/u Performance Tap
4.50-5.40 12/u Technique - Conditioning
5.40-6.30 12/u Technique - Progressions
6.30-7.20 12/u Performance Hip Hop
7.20-8.10 12/u Performance Jazz

WEDNESDAY

- 4.00-4.50 12/u Commercial Jazz
4.50-5.40 12/u Ballet
5.40-6.30 12/u Performance Lyrical/Contemporary
6.30-7.20 12/u Performance Singing
7.20-8.10 12/u Performance Musical Theatre

THURSDAY

- 4.00-4.50 12/u Industry Program (Invite Only)
4.50-5.40 Pre-Teen Acrobatics

FRIDAY

- 5.40-6.30 Grade 5 RAD Exam Ballet
6.30-7.20 Grade 5 RAD Exam Ballet
6.30-7.20 Extension Acrobatics (1) (Invite Only)
7.20-8.10 Extension Acrobatics (2) (Invite Only)



11-12 YEARS OLD ON JAN 1ST, 2026
PERFORMANCE STREAM - AUDITION REQUIRED

LAUNCH